

The Greatest Smiles Start Here

GOOD SHEPHERD OUTPATIENT REHABILITATION — SCHNECKSVILLE

A new outpatient rehabilitation site on Independence Drive in Schnecksville opened in January 2002. Good Shepherd Outpatient Rehabilitation – Schnecksville offers programs for many diagnoses, such as joint replacement, neck and back disorders, sports injuries, neurologic disorders, hand injuries, deconditioning, arthritis, stroke rehabilitation and work-related injuries.

AMBULATORY PAVILION

As part of our \$40 million *Investing in the Future* capital campaign, all outpatient services on the south Allentown campus will be consolidated in an ambulatory pavilion. Plans include:

- Regional diagnostic pediatric center, serving nearly 1,300 children every year with the only two developmental pediatricians in the Lehigh Valley.
- Replacement of a 37-year-old heated therapy pool, with a larger and more modern pool to serve people with disabilities.
- Regional specialty programs including orthopedic rehabilitation, back and neck programs, chronic pain programs, driver evaluation, a day hospital, a center for health and wellness and more.
- Center for Assistive Technology: to become a test site for assistive communication technology as well as mobility and wheelchair clinics.

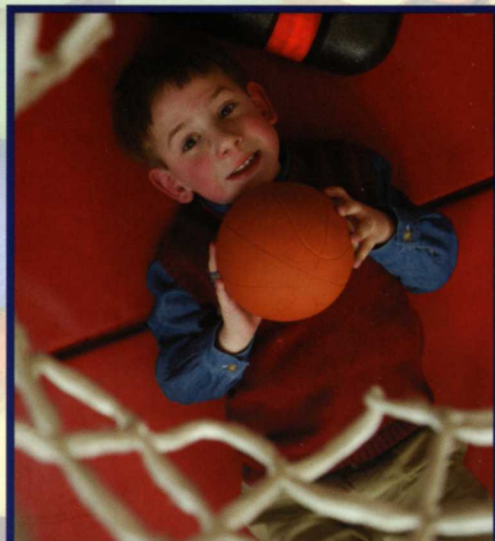
www.goodshepherdrehab.org
1-877-REHAB-GS

A SPECIAL GIFT

"It wasn't what I planned for my baby," says Darlene D'Alessandro. "But I wouldn't change it for the world, either."

Just 13 hours after delivering her son, Christopher, Darlene learned of his complex congenital heart defect. Christopher was born with only three heart chambers, and his body wasn't getting the oxygen that it needed. On that first day, he was rushed off for emergency surgery to save his life.

Since then, Christopher has braved three open-heart surgeries, in which doctors rerouted how his blood is oxygenated. Implanted in his stomach is a pacemaker, which he depends on to tell his heart to beat.



OUTPATIENT REHABILITATION

Good Shepherd rehabilitation for **outpatients** is available at many convenient locations:

- Cedar Crest (Salisbury)
- Edwards Center (South Allentown campus)
- Kutztown
- Laurys Station
- Lehighton
- Palmerton Hospital
- Schnecksville
- Dornsife Pediatric Center

"Christopher's heart has to work twice as hard as ours does to get the same amount of blood through the body," explains Darlene.

You'd never know it, when he flashes his charming smile. Just like other six-year-olds, Christopher loves to run, jump and play outside – but he gets frustrated when he doesn't have the stamina to keep up with other kids.

When he started having tremors, Darlene took Christopher to Dornsife Pediatric Center, one of Good Shepherd's two pediatric sites in Allentown. Christopher's evaluation determined that he was slightly delayed in physical and occupational levels – but Good Shepherd's developmental pediatrician said they could help him catch up.

They started therapy sessions right away, and Darlene learned firsthand how therapy helps Christopher become more active and confident.

"He's accomplished so much in the past three years, and Good Shepherd has played a key role," says Darlene. "The therapists are well trained and friendly, and that makes a difference in a tough situation."

Therapy is an adventure for Christopher. One week they work on writing or computer skills. Another week they work on stair climbing or playing in the Dornsife Center's ball pit.

The therapists also support Darlene by answering medical questions and offering advice.

"It makes you feel comfortable, that they care," says Darlene.

Although a mother's wisdom is unmatched, Christopher has managed to teach his mother some life lessons.

"I don't take things for granted any more," says Darlene, "Christopher is a special gift. He's a blessing, my angel sent from God."

